



Thinking about Retirement?

*Free &
Confidential
Services*

Retirement Coaching

PAS retirement coaches help you explore and prepare for the many aspects of retirement, including:

- Examining personal values and setting goals
- Utilizing skills in volunteer settings and part time work
- Identifying and engaging in pleasurable leisure activities
- Nourishing spiritual needs
- Maintaining personal relationships while developing new connections
- Sustaining physical and emotional health

Retirement Coaching Services are provided free through your Employee Assistance Program
Call us anytime for more information



Improving the Quality of Life



mypaseap
.com



800-356-0845
24/7



mypasapp

Finances Have You Worried?

*Free &
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Services*



Financial Coaching

PAS financial coaches provide consultation to help you assess your financial situation, and develop and implement a plan:

- Cash flow, budget, debt reduction and credit management
- Mortgage financing
- Bankruptcy and foreclosure prevention
- Insurance
- Changes in finances due to life events
- Estate planning and asset protection

All financial coaching services are provided free through your Employee Assistance Program
Call us anytime for more information



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Life is Expensive!

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PAS Discount Center, powered by LifeMart®

Enjoy a discount shopping platform that offers exclusive deals across thousands of products and service categories.

- Childcare
- Fitness & Nutrition
- Home & Auto
- Car Rentals
- Hotels & Resorts
- Electronics
- Theme Park Tickets
- Movie Tickets
- Flowers & Gifts
- Restaurants
- Groceries
- Plus Much More!

LifeMart® shopping services are provided free through your Employee Assistance Program
Call us anytime for more information



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Legal Concern Have You Stumped?

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Legal Consultation

PAS attorney consultants provide general information about a wide variety of legal matters:

- Family law
- Housing and real estate matters
- Consumer and product concerns/complaints
- Wills and probate
- Vehicle-related matters
- Government benefits
- IRS audits

PAS legal consultant services are provided free through your Employee Assistance Program. Receive a 25% discount on all in-network attorney fees for legal representation and document preparation. Call us anytime for more information.



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Do You Need Legal Documents?

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Legal Resource Library

PAS legal resource library provides downloadable legal forms specific for your state for:

- Last will and testament
- Living will/advanced health directives
- Landlord/tenant agreements
- Powers of attorney
- Business documents
- And many more!

Access the library from your mypaseap.com landing page by clicking on **Legal Resources** on the dashboard. These fillable forms are provided free through your Employee Assistance Program. Call us anytime for more information.



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Impacted by Fraud or Identity Theft?

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Services



Fraud Resolution Services

PAS fraud resolution specialists help you recover from fraudulent activity or identity theft:

- Telephone consultation
- Direction on restoring your identity/credit
- ID theft emergency response kit
- Steps to dispute fraudulent debts
- Advice on communicating with creditors and collection agencies
- Steps to avoid future ID theft losses
- Referral to an attorney for a free initial consultation

PAS fraud resolution services are provided free through your Employee Assistance Program
Full recovery services are available on request for a fee
Call us anytime for more information



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