

# Childcare that Fits Your Needs

*Free &  
Confidential  
Services*



## Childcare Consultation

PAS childcare specialists help you find care to meet your needs throughout your child's development:

- Licensed and family daycare
- Special needs programs
- Emergency and backup care
- Summer camps
- Before and after school programs
- Adoption resources

All childcare consultation services are provided free through your Employee Assistance Program  
Call us anytime for more information



Improving the Quality of Life



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.com



800-356-0845  
24/7



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# Questions about Parenting?

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## Parenting Coaching

PAS parenting specialists provide guidance for many areas of child development:

- Simple positive strategies that really work
- Identifying and resolving causes for behavior patterns, such as sleep issues, potty training, temper tantrums
- Advocating for special needs services in daycare and school
- Information about developmental milestones such as language development, motor skills, sensory perception and feeding skills

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# Peace of Mind for Senior Care

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## Eldercare Planning

PAS eldercare consultants provide help as you care for your aging loved ones:

- Assistance locating nursing home, retirement community or residential placement
- Referral to community resources
- Support for long distance caregivers
- Crisis prevention and intervention planning
- Benefits eligibility assessment
- Assistance in selecting a Medicare insurance plan
- Medicaid planning for asset protection

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